WHAT IS SNAP?

The Supplemental Nutrition Assistance Program (SNAP) is a federally funded program that provides nutrition benefits to low-income households to supplement their food budgets. These benefits are placed on an electronic benefits transfer (EBT) card once a month. The card is used like a debit card to pay for food at participating supermarkets, convenience stores and farmers’ markets. In Rhode Island, SNAP is administered by the Rhode Department of Human Services (DHS).

CONTACT US

1-855-MY-RIDHS
www.dhs.ri.gov

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

There's enough SNAP for everyone who is eligible. If you qualify, you’ll get extra money you can use to buy food — every month.

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SNAP ELIGIBILITY

Eligibility is based primarily on income and household size. Households may be eligible even if someone in the household is working or receiving unearned income, which is income received by a household member that is not working. Applicants can have a car, a house, and/or a bank account and still be eligible for SNAP benefits.

HOW TO APPLY

• **Online** – Submit application via the customer portal (https://healthyrhode.ri.gov/)
• **By Mail** – Complete the application for assistance (available on the DHS website: www.dhs.ri.gov) and put in the secure drop boxes at all DHS offices or mail to:
  RI Department of Human Services, P.O. Box 8709, Cranston, RI 02920-8787
• **Over the Phone** – Call 1-855-MY-RIDHS (1-855-697-4347) Monday through Friday, except holidays, 8:30AM – 3:00PM
• **In Person** – Visit a DHS Regional Family Center to submit an application. Please note: in person staff assistance is not available currently due to the COVID-19 pandemic
• **DHS Vendors** – Contact the organization that gave you this brochure for assistance

BENEFIT AMOUNT

The amount of monthly SNAP benefits varies and is based on a household’s income and expenses.

Benefit amounts change each year and when there are certain changes in the SNAP household.

The amount of benefits each household receives is calculated by DHS according to federal standards based on the household’s size, income and certain expenses.